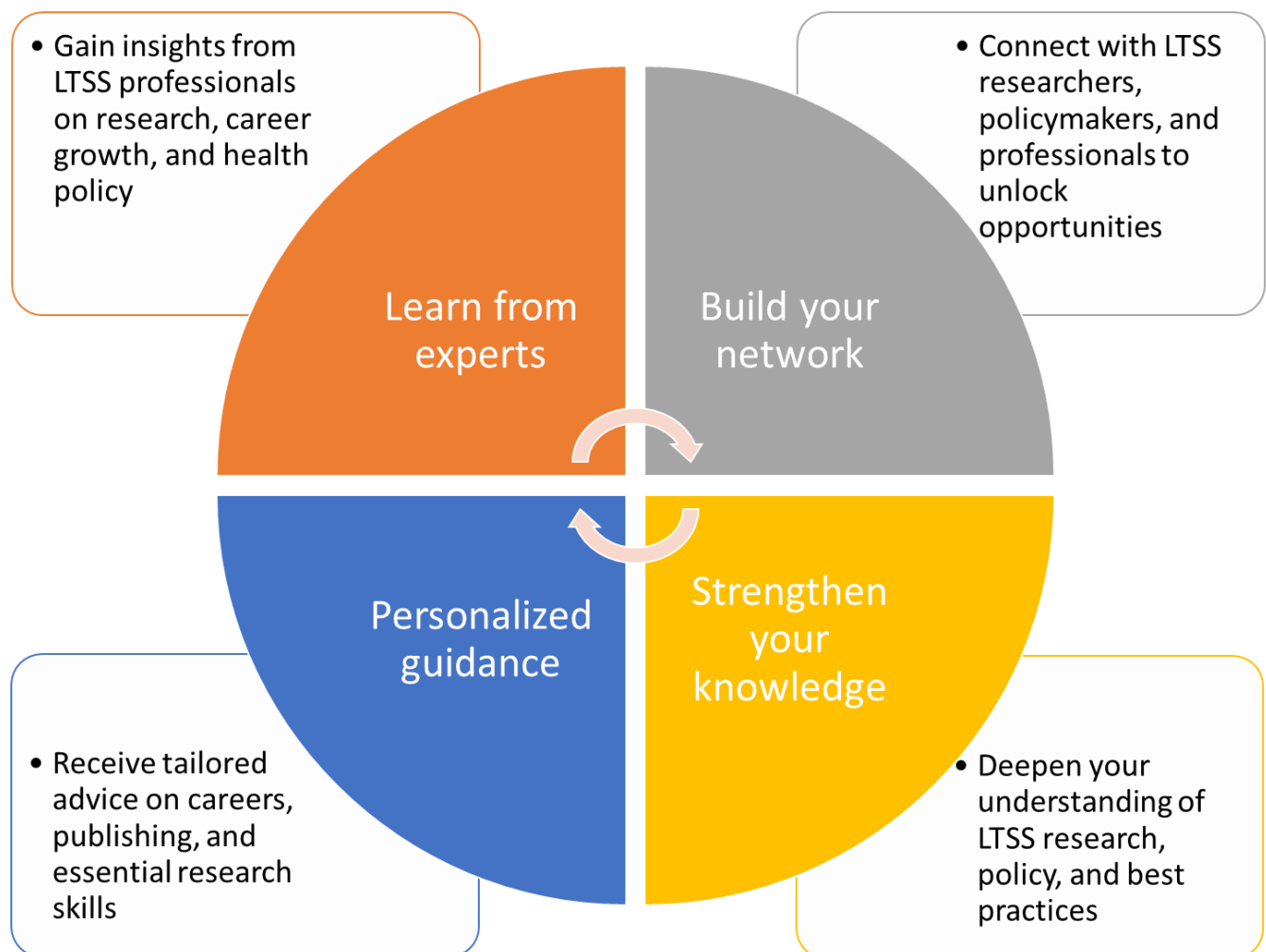


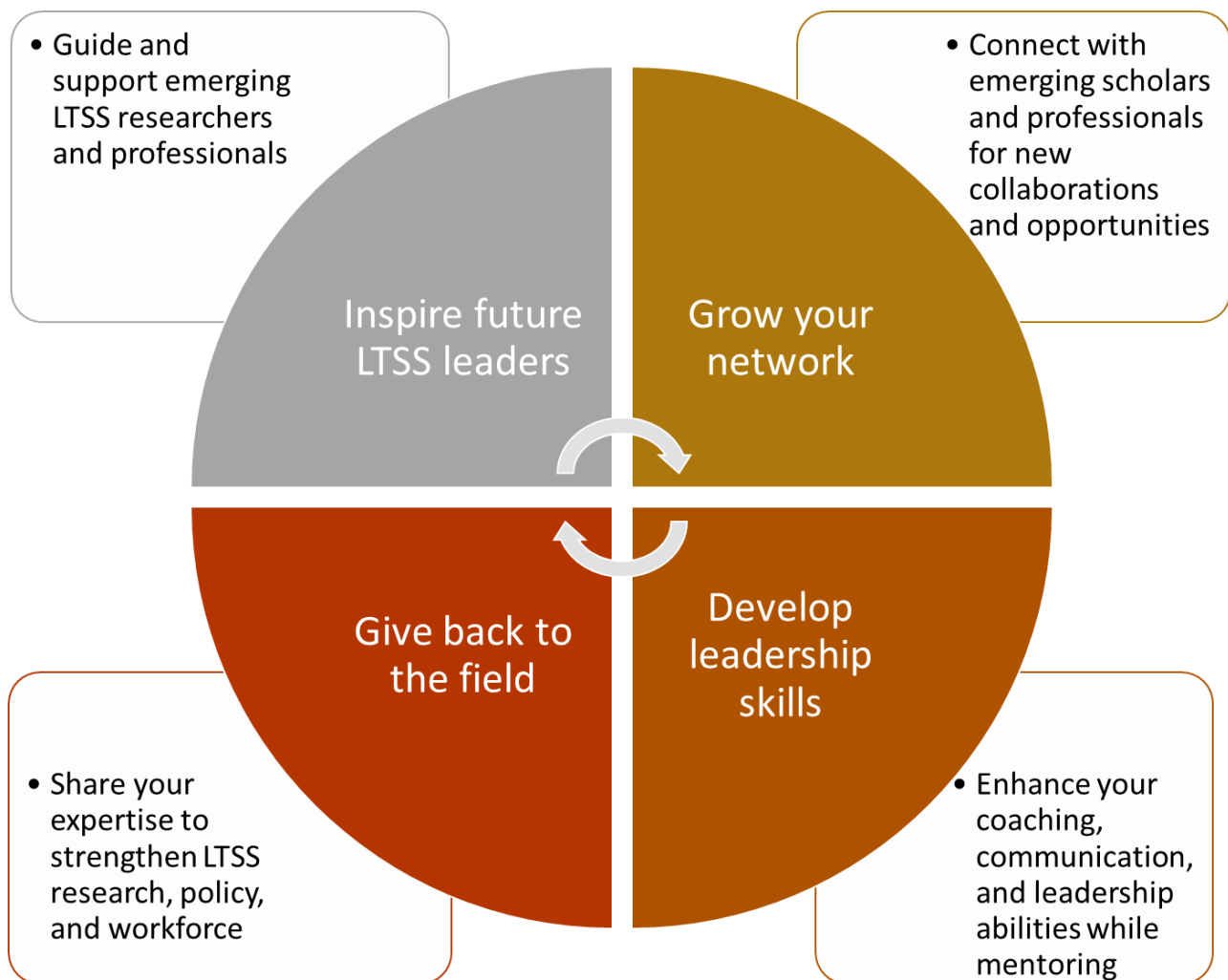
# AcademyHealth's LTSS Mentorship Program

AcademyHealth's LTSS Interest Group Mentoring Program was created in 2024 to support the development of emerging researchers and professionals in long-term services and supports. Recognizing the complexities of LTSS policy, research, and practice, this program aims to connect students and early career professionals with experienced mentors who can provide guidance, career advice, and research insights. By fostering these relationships, we seek to strengthen the LTSS workforce, promote knowledge sharing, and ensure the next generation of experts is well-equipped to address the evolving challenges in long-term care services and supports. If you are interested in becoming a mentee or a mentor, [please sign up here](#).

## Why become a Mentee?



## Why become a Mentor?



## General guidelines and expectations:

- **Meet at least twice a year**
  - Connect in person (e.g., at AcademyHealth's Annual Research Meeting) or online.
  - **First meeting:** Introductions, identifying mentee needs, goal-setting
  - **Second meeting:** Progress check-in, additional guidance from the mentor
- **Maintain open communication**
  - Identify a communication method that works for both and maintain engagement
  - Set clear expectations on availability and follow-up meetings

Questions or suggestions? Please email Hari Sharma at [hari-sharma@uiowa.edu](mailto:hari-sharma@uiowa.edu).