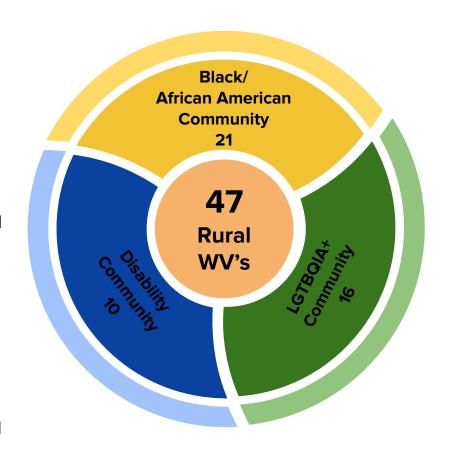
Overall, amongst the 3 populations, perceptions and barriers to healthcare and the healthcare system faced greater similarities in their experiences than dissimilarities across all the communities that participated in the project.

These shared similarities support solidarity amongst smaller marginalized populations combining to form a larger group of people for the necessary shifts required in changing policy, systems, and environments.

Experiences are one's own story, however, when there are several overlapping and repeated instances regarding healthcare and the medical system, shared experiences can coalesce into one voice building strength and momentum to change healthcare policies that will impact many more residents in WV and nationwide.



"The resident immediately came in and said,
"We're going to have a problem with the
medication because you're probably--" In other
words, she was telling me I wouldn't be able to
afford it. She assumed that I was on welfare
[because of my race]. She never looked at my
chart, and she never made that connection, and I
caught on."

Black/ African American Community

"I think it's hard, especially for parents and families who have a disability, to find qualified and knowledgeable providers. Even for basic outpatient therapy services, a lot of families are driving two hours to a clinic."

LGTBQIA+ Community

Many
marginalized and
rural communities <u>feel</u>
powerless, <u>frustrated</u>,
<u>unseen</u>, and <u>unheard</u>
when it comes to their
health and the
healthcare they
receive.

Disability Community "Or they're trying to solve a problem that's not actually there. If I were to go into the ER now with abdominal pain, the first thing they would think is-- and they see I'm trans, they're like, "Oh, it has to be your uterus." Well, no. That's not necessarily the case. So I feel like there is some fear, at least in my experience, of having ERs visits turn into demoralizing gender, not affirming places."

Black/ **African American** Community Community

Entities with Power Control over Healthcare

Hierarchical Struggle within Healthcare Positions and how this is Impacting Healthcare Received

Self Health Advocacy

Perception of the Connection between Political and Healthcare System

Policy Information that affect Healthcare

Rurality's Impact on Healthcare

Impact of Personal Identity on and Identified Community's Perception of Healthcare System

Financial Impact of Healthcare Utilization

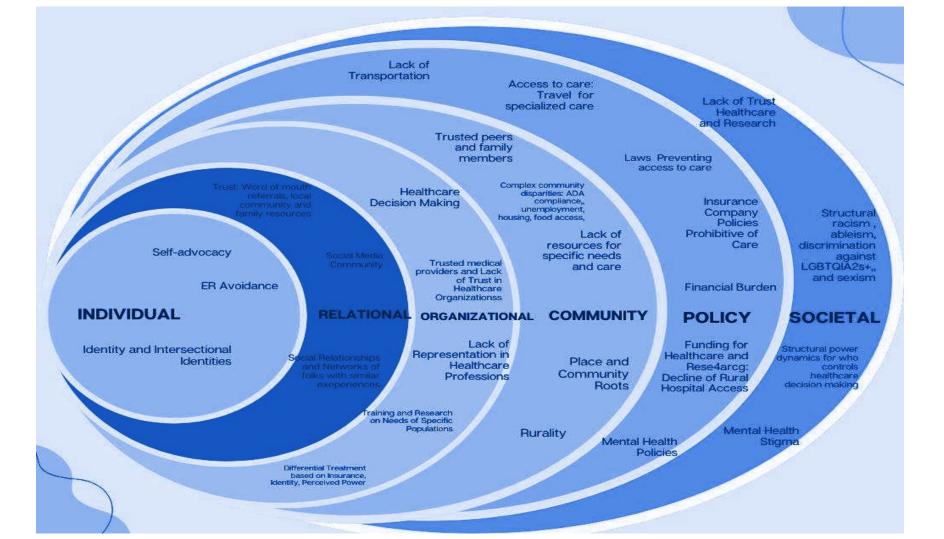
Media and Healthcare

Trust and Health Research

Qualitative data resulted in hearing shared and unique experiences regarding a lack of power in healthcare decision making, which is typically out of the control of the individual.



"Who has the ultimate healthcare decision making power over individuals?"



Participant Suggestions & Solution-based Ideas

Acknowledgement of gender or sexual orientation in the medical setting

Due to societal stigma, wishing to be of the white race in medical settings to receive better HC

Communities need to take the initiative to research federal and state policies

Society Privacy to not disclose LGTBQIA+ identity in medical settings Societal support Individual of all pronouns Opportunity to live in a larger city with more access to HC Medicaid and appropriate for **IDD** Waivers marginal population or **Policy** live in rural areas with More Affordable more local options for Healthcare Options robust HC system across all populations Create and build safe communities for younger Community generation of Black Americans

Develop safe spaces in the community to talk about health related issues without fear

Fix sidewalks and recreational paths for wheeled apparati

Accessible ADA Rentable equipment (scooters, wheelchairs)

Relationships
Ability to see the same

More practitioners of that "mirror" the image of patients

Connections with other Parents with experiences navigating the HC system

Normalize open conversations with general public around disabilities and lighten the stigma

Organizational

"One-stop Shop"
Community Center for
HC, Workforce
Development, Mental
Health aid

Available Non-bias "Local" Therapy for everyone in the community

Resource Center with disability accommodations

More designated social spaces for people that identify as LGBTQ+, center with after school program and classes, free Wi-Fi, field trips, and parent volunteerism

Applicable Recommendations & Solutions

Interpersonal Relationships Organizational Community Policy Society

Communities identified importance of advocating for oneself in healthcare settings. which includes doing one's own research about medications and side effects as well as seeking second opinions to quell the fear of the unknown and support individual empowerment.

Determine more wavs to host health-related events and gatherings since word of mouth. doctor recommendations. and health information sharing are strategies used within identified communities for mutual support in navigating healthcare.

More recruitment of providers from marginalized communities, and/or training in shared healthcare decision making.

Create shared spaces for opportunities to learn about lived experiences from marginalized communities and incorporate into practice.

Create transparency and access to local resources to support needs of marginalized communities.

create shared local spaces for community members to share resources, support one another, and advocate for policy change.

Increase
awareness of the
Importance of
having
representation at
the table where
policies are made

Reiterate the idea that our voices matter, especially in the case of supporting marginal populations into a the solidarity of a larger majority Changes within society are largely driven by change in social acceptance of differences, policies, and societal systems.

Potential achievability can be through trainings, education, and created safe places to congregate and discuss such important topics.